



AMERICAN COMMUNITY SCHOOL

OF ABU DHABI SINCE 1972

JOB DESCRIPTION

TITLE: Athletic Trainer

REPORTS TO: Director of Athletics and Activities

CONTRACT DAYS: 190 days

WORKING HOURS: Determined in consultation with Director of Athletics and Activities

JOB SUMMARY

The Athletic Trainer will be responsible for the health and safety of student-athletes at ACS. This position involves injury prevention, assessment, care, and rehabilitation, ensuring that athletes can participate in sports safely and effectively.

RESPONSIBILITIES

Injury Prevention / Immediate Care / Rehabilitation

- Provide immediate care and first aid to injured student-athletes during practices and competitions.
- Guide students through the rehabilitation process.
- Ensure the appropriate and adequate follow-up of injuries so that injured athletes can return to sport safely and quickly.
- Attend all on-campus practices and competitions/events, and occasionally travel with teams.
- Educate and lead student-athletes, coaches, and teams in injury reduction measures.

Communication and Interaction with Staff

- Maintain ongoing communication with coaches, teachers, and administration regarding students' health and possible impact on practices/competitions and class.
- Liaise with school nurses, other departments, and external medical professionals to ensure comprehensive care for students.
- Open the Training Room at designated times during the week to support staff wellness initiatives, allowing faculty and staff to make appointments.
- Provide coaches with professional learning opportunities.

Documentation and Risk Mitigation

- File all necessary reports related to athletic injuries and incidents, and maintain a daily log.
- Optimize the Athletics Emergency Action Plan, and train all relevant staff on these procedures.
- Promote a safe playing environment by monitoring and controlling environmental risks.
- Develop and enforce a Concussion Protocol in line with emerging research and recommendations from governing bodies in sport.

Purchasing

- Order supplies and maintain equipment and inventory in the Training Room.

Strength and Conditioning / Sports Medicine

- Develop and monitor a strength and conditioning program for high school student-athletes.
- Lead a Sports Medicine Club in high school, providing leadership and internship



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opportunities for students.

- Share extensive knowledge of sports medicine with high school classes when appropriate, supporting student learning.

QUALIFICATIONS

- Master's degree or higher in Athletic Training or related field
- Current certification/degree as an Athletic Trainer (eg. BOC/NATA)
- Minimum of two years of experience working with athletes as an Athletic Trainer or similar position, preferably in a secondary school setting
- Demonstrate knowledge of current health and safety best practices, including current First Aid & CPR certification