

WEEK 1

Menu Week: (24/10 – 28/10; 14/11 -18/11
and 05/12-09/12)



AMERICAN COMMUNITY SCHOOL
OF ABU DHABI SINCE 1972

Monday

Tuesday

Wednesday

Thursday

Friday

Student Favorite

Chicken Steakhouse
Pie ●

Beef Lasagna ●●

Spaghetti
Bolognese ●●

Chicken Tikka
Masala ●

Option 2

Beef Forestiere ●

Chicken & Mushroom
Fricassee ●

Moroccan Chicken
Tagine

Herb & Lime
Marinated Fish ●

Vegetarian Option

Veg "Meatballs" w/
Creamy Gravy

Roast Vegetable
Lasagna ●●

Moroccan Chickpea
Tagine

Pasta Twists w/
Mozzarella & Basil ●●

Vegan Option

Veg "Meatballs" w/
Creamy Gravy

Baked Peri Peri
Vegetables (mild)

Moroccan Chickpea
Tagine

Spinach & Lentil Dal

Sides

Saffron Rice

Lyonnaise Potatoes

Pilaf Rice

Basmati Rice

Vegetable

Garden Greens

Roast Carrots and
Broccoli

Herb & Tomato
Zucchini

Roast Marrow &
Beans

**Dessert
(Optional)**

Vanilla Cheesecake ●●●

Sticky Toffee Pudding ●●

Date Slice ●●

Cocoa Custard ●

Choice of One main course, served with Sides and Vegetables
ADD Dessert for just AED 3!

Gluten

Diary

Egg

Soy

Fish

WEEK 2

Menu Week: (31/10 – 04/11; 21/11 – 25/11)



AMERICAN COMMUNITY SCHOOL
OF ABU DHABI SINCE 1972

Monday

Tuesday

Wednesday

Thursday

Friday

Student Favorite

Fish Bites ●●

Butter Chicken ●

**Vietnamese Style
Minced Beef**

**Baked Buffalo
Chicken**

Option 2

Pulled BBQ Chicken

**Tuna & Sweetcorn
Risotto** ●●

Chicken Paella

Swedish Meatballs ●

Vegetarian Option

**Mixed Vegetable
Fried Rice**

Sweet Potato Masala

**Vietnamese Style
Sautéed Vegetables**

Penne Arrabiatta ●

Vegan Option

**Mixed Vegetable
Fried Rice**

Sweet Potato Masala

**Vietnamese Style
Sautéed Vegetables**

Penne Arrabiatta ●

Sides

Oven Roasted Potatoes

Steamed Rice

Rice Noodles

Pilaf Rice

Vegetable

**Sautéed Corn &
Green Beans**

Ratatouille

Garden Greens

Zesty Corn & Carrots

Dessert

Oatmeal Cookies ●●

Parsnip Cake ●

Carrot Cake ●●●

Creme Caramel ●●

(Optional)

Choice of One main course, served with Sides and Vegetables
ADD Dessert for just AED 3!

Gluten 

Diary 

Egg 

Soy 

Fish 

WEEK 3

Menu Week: (07/11 – 11/11; 28/11 – 02/12)



AMERICAN COMMUNITY SCHOOL
OF ABU DHABI SINCE 1972

Monday

Tuesday

Wednesday

Thursday

Friday

Student Favorite

Option 2

Vegetarian Option

Vegan Option

Sides

Vegetable

**Dessert
(Optional)**

Ranch Chicken Bites ●●

Lemon & Herb Fish ●●

Spaghetti Primavera ●

Spaghetti Primavera ●

Seasoned Potato Wedges

Roast Zucchini and Broccoli

Date & Cocoa Slice ●

Chicken Pesto Pasta ●●

Meat & Potato Stew

Cauliflower Cheese Lasagna ●●

Jamaican Jerk Vegetables

Carrot and Corn Rice

Edamame Beans and Peas

Oatmeal Cookies ●●

Pineapple Chicken ●

Kofta Meatballs ●

Linguini w/ Marinara sauce ●

Linguini w/ Marinara sauce ●

Mix Vegetables Rice

Sautee Vegetables

Red Velvet slice ●●

Chicken Biryani ●

Hungarian Beef Goulash

Spinach and Corn Rice Risotto ●

Vegetarian Biryani

Pasta Twists ●

Honey Glazed Carrots & Peas

Banana Bread ●●

Choice of One main course, served with Sides and Vegetables
ADD Dessert for just AED 3!

Gluten

Diary

Egg

Soy

Fish